

Healthy Living:

FREE Fall Prevention and Balance Screening

Tuesday, April 25, 2017 • 10 a.m. – Noon



Located at
**Senator Mario Scavello's
Northampton County
District Office
Two North Robinson Avenue
Pen Argyl, PA 18072**

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***APPOINTMENT
NECESSARY***

**For Your Appointment
Call Senator Scavello's Office
at 610-863-1200**

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What is this Screening?

A Physical Therapist uses the Timed Up and Go (TUG) Test for Balance and Fall Risk Assessment. TUG is an easy and reliable tool to assess patients' balance and risk for falls by conducting a timed sitting and walking exercise to determine risk level and offer next steps for those that are high risk. The Physical Therapist would also offer tips and distribute a fall prevention self-assessment which is a checklist of items to check around the house to prevent falls.

Hosted By



Senator Mario Scavello &

